

HEAT & EAT FINISHED PRODUCT SPECIFICATION

Product Code		
Product Name	SAMOSA, Butter Chicken - Heat & Eat	
LABELLING		
Preparation Instructions	Reheat defrosted samosa in warm oven, 180°C for approximately 10 minutes or air fryer 180°C for approximately 8 minutes or deep fry in hot oil 170°C until light golden brown and hot through. *reheating times may vary.	
Ingredient List	Pastry (Wheat Flour, Water, Vegetable Oil, Salt, Onion Powder, Garlic Powder), Chicken, Crushed Tomato (Tomato, Corn Starch (1422), Sugar, Salt, Mineral Salt (509), Antioxidant (330), Stabiliser (415)), Capsicum, Onion, Potato, Tomato Paste, Roasted Cashews, Vegetable Oil, Tandoori Paste (Water, Red Lentils, Vegetable Oil, Salt, Malt Vinegar, Lemon Juice, Cumin, Ginger, Cayenne Pepper, Mustard Powder, Salt, Ground Ginger, Coriander, Cardamon, Paprika, Garlic Powder, Spices, Onion Powder, Ground Celery, Colors (E110, E124)), Modified Tapioca Starch, Salt, Ginger, Garlic, Spices, Cumin, Coriander - Ground, Kasoori Meth, Kashmiri Mirch.	
Allergen Statement	Contains: wheat, tree nuts (cashew)	
Cross Contact Statement	This product is manufactured on equipment that also processes products containing gluten, sesame seeds, tree nuts, soy beans, fish and crustacea.	
Country Of Origin	Made in Australia from local and imported ingredients	
Contents	40x30g	
Date Code	DD/MM/YYYY	
Storage	Frozen -18°C	
Shelf Life	12 months date of manufacture	
NUTRITIONAL INFORMATION		
Serving size:	30g	
	Average Quantity per Serving	Average Quantity per 100g
Energy	311kJ	972kJ
Protein	2.6g	8.0g
Fat, Total	2.8g	8.8g
Saturated	0.5g	1.6g
Carbohydrate	9.3g	29.2g
Sugars	0.4g	1.1g
Sodium	142mg	443mg
PACKAGING		
Description	New plastic bag in cardboard box.	
	-	



Update; 16/02/2021, MH

HEAT & EAT FINISHED PRODUCT SPECIFICATION

Product Code		
Product Name	SAMOSA, Pumpkin & Toasted Almond - Heat & Eat	
LABELLING		
Preparation Instructions	Reheat defrosted samosa in warm oven, 180°C for approximately 10 minutes or air fryer 180°C for approximately 8 minutes or deep fry in hot oil 170°C until light golden brown and hot through. *reheating times may vary.	
Ingredient List	Pastry (Wheat Flour, Water, Vegetable Oil, Salt, Onion Powder, Garlic Powder), Pumpkin, Potato, Onion, Coconut, Almonds, Vegetable Oil, Gluten Free Crumbs (Maize Starch, Rice Flour, Tapioca Starch, Potato Starch, Soy Flour, Raising Agent (500, 575), Yeast, Salt), Fresh Herbs, Spices, Curry Paste (Vegetable Oil, Sugar, Water, Concentrated Tomato Puree, Acetic Acid, Salt, Coriander, Cumin, Gram Flour, Onion Powder, Turmeric, Garlic Powder, Ground Ginger, Spices, Paprika, Cayenne Pepper), Ginger, Sugar, Garlic, Salt.	
Allergen Statement	Contains: wheat, soybean products, tree nuts (almond).	
Cross Contact Statement	This product is manufactured on equipment that also processes products containing gluten, sesame seeds, tree nuts, soy beans, fish and crustacea.	
Country Of Origin	Made in Australia from local and imported ingredients	
Contents	40x30g	
Date Code	DD/MM/YYYY	
Storage	Frozen -18°C	
Shelf Life	12 months date of manufacture	
NUTRITIONAL INFORMATION		
Serving size:	30g	
	Average Quantity per Serving	Average Quantity per 100g
Energy	336kJ	1050kJ
Protein	1.9g	5.9g
Fat, Total	3.4g	10.5g
Saturated	0.7g	2.0g
Carbohydrate	10.2g	31.8g
Sugars	0.7g	2.3g
Sodium	133mg	415mg
PACKAGING		
Description	New plastic bag in cardboard box.	
	-	



Update; 16/02/2021, MH

HEAT & EAT FINISHED PRODUCT SPECIFICATION

Product Code		
Product Name	SAMOSA, Lamb Rogan Josh - Heat & Eat	
LABELLING		
Preparation Instructions	Reheat defrosted samosa in warm oven, 180°C for approximately 10 minutes or air fryer 180°C for approximately 8 minutes or deep fry in hot oil 170°C until light golden brown and hot through. *reheating times may vary.	
Ingredient List	Pastry (Wheat Flour, Water, Vegetable Oil, Salt, Onion Powder, Garlic Powder), Lamb, Onion, Potato, Peas, Crushed Tomato (Tomato, Corn Starch (1422), Sugar, Salt, Mineral Salt (509), Antioxidant (330), Stabiliser (415)), Coconut, Curry Paste (Vegetable Oil, Water, Salt, Coriander, Tamarind, Cumin, Tumeric, Chilli, Maize Flour, Ground Ginger, Garlic Powder, Spices, Acetic Acid, Citric Acid, Lactic Acid), Tomato Paste, Modified Tapioca Starch, Salt, Fresh Herbs.	
Allergen Statement	Contains: wheat	
Cross Contact Statement	This product is manufactured on equipment that also processes products containing gluten, sesame seeds, tree nuts, soy beans, fish and crustacea.	
Country Of Origin	Made in Australia from local and imported ingredients	
Contents	40x30g	
Date Code	DD/MM/YYYY	
Storage	Frozen -18°C	
Shelf Life	12 months date of manufacture	
NUTRITIONAL INFORMATION		
Serving size:	30g	
	Average Quantity per Serving	Average Quantity per 100g
Energy	313kJ	977kJ
Protein	2.7g	8.6g
Fat, Total	2.7g	8.5g
Saturated	0.6g	1.9g
Carbohydrate 9.4g	9.4g	29.5g
Sugars	0.3g	1.0g
Sodium	147mg	461mg
PACKAGING		
Description	New plastic bag in cardboard box.	
	-	



Update; 16/02/2021, MH

HEAT & EAT FINISHED PRODUCT SPECIFICATION

Product Code		
Product Name	SAMOSA, Vegetable traditional - Heat & Eat	
LABELLING		
Preparation Instructions	Reheat defrosted samosa in warm oven, 180°C for approximately 10 minutes or air fryer 180°C for approximately 8 minutes or deep fry in hot oil 170°C until light golden brown and hot through. *reheating times may vary.	
Ingredient List	Pastry Samosa - Anko (Wheat Flour, Water, Vegetable Oil, Salt, Onion Powder, Garlic Powder), Potato, Chickpeas, Onion, Vegetable Oil, Coriander, Lemon Juice, Salt, Ginger, Garlic, Spices, Cumin, Pomegranate Powder, Coriander.	
Allergen Statement	Contains: wheat	
Cross Contact Statement	This product is manufactured on equipment that also processes products containing gluten, sesame seeds, tree nuts, soy beans, fish and crustacea.	
Country Of Origin	Made in Australia from local and imported ingredients	
Contents	40x30g	
Date Code	DD/MM/YYYY	
Storage	Frozen -18°C	
Shelf Life	12 months date of manufacture	
NUTRITIONAL INFORMATION		
Serving size:	30g	
	Average Quantity per Serving	Average Quantity per 100g
Energy	292kJ	912kJ
Protein	1.8g	5.7g
Fat, Total	2.1g	6.6g
Saturated	0.3g	0.8g
Carbohydrate 10.3g	10.3g	32.3g
Sugars	0.2g	0.7g
Sodium	157mg	490mg
PACKAGING		
Description	New plastic bag in cardboard box.	
	-	



Update; 16/02/2021, MH

HEAT & EAT FINISHED PRODUCT SPECIFICATION

Product Code		
Product Name	EMPANADA, Beef and Cheddar- Heat & Eat	
LABELLING		
Preparation Instructions	Reheat defrosted empanada in warm oven, 180°C for approximately 10 minutes or air fryer 180°C for approximately 8 minutes or deep fry in hot oil 170°C until light golden brown and hot through. *reheating times may vary.	
Ingredient List	Pastry (Wheat Flour, Water, Vegetable Oil, Salt, Onion Powder, Garlic Powder), Beef Mince, Black Beans, Cheese (Pasteurised Milk, Salt, Starter Cultures, Enzymes, Anti-Caking Agent (460)), Capsicum, Onion, Tomato Paste, Spices, Vegetable Oil, Garlic, Chilli (Chilli, Canola Oil, Vinegar, Salt, Acidity Regulator (260)), Salt, Modified Tapioca Starch, Herbs.	
Allergen Statement	Contains: wheat, milk	
Cross Contact Statement	This product is manufactured on equipment that also processes products containing gluten, sesame seeds, tree nuts, soy beans, fish and crustacea.	
Country Of Origin	Made in Australia from local and imported ingredients	
Contents	40x30g	
Date Code	DD/MM/YYYY	
Storage	Frozen -18°C	
Shelf Life	12 months date of manufacture	
NUTRITIONAL INFORMATION		
Serving size:	30g	
	Average Quantity per Serving	Average Quantity per 100g
Energy	338kJ	1055kJ
Protein	3.2g	10.0g
Fat, Total	3.5g	11.1g
Saturated	1.1g	3.4g
Carbohydrate	8.6g	26.9g
Sugars	0.3g	1.0g
Sodium	178mg	558mg
PACKAGING		
Description	New plastic bag in cardboard box.	
	-	



Update; 16/02/2021, MH

HEAT & EAT FINISHED PRODUCT SPECIFICATION

Product Code		
Product Name	EMPANADA, Sweet Potato and Cashew - Heat & Eat	
LABELLING		
Preparation Instructions	Reheat defrosted empanada in warm oven, 180°C for approximately 10 minutes or air fryer 180°C for approximately 8 minutes or deep fry in hot oil 170°C until light golden brown and hot through. *reheating times may vary.	
Ingredient List	Pastry (Wheat Flour, Water, Vegetable Oil, Salt, Onion Powder, Garlic Powder), Sweet Potato, Onion, Potato, Pineapple & Orange Fruit Drink (Pineapple Juice, Orange Juice Concentrate, Sugar, Food Acid 330, Vitamin C 300, Flavour, Water), Cashews, Currants, Vegetable Oil, Olives, Tomato Paste, Water Added, Gluten Free Crumbs (Maize Starch, Rice Flour, Tapioca Starch, Potato Starch, Soy Flour, Raising Agent (500, 575), Yeast, Salt), Spices, Salt, Chilli (Chilli, Canola Oil, Vinegar, Salt, Acidity Regulator (260)).	
Allergen Statement	Contains: wheat, soybean products, tree nuts (cashew).	
Cross Contact Statement	This product is manufactured on equipment that also processes products containing gluten, sesame seeds, tree nuts, soy beans, fish and crustacea.	
Country Of Origin	Made in Australia from local and imported ingredients	
Contents	40x30g	
Date Code	DD/MM/YYYY	
Storage	Frozen -18°C	
Shelf Life	12 months date of manufacture	
NUTRITIONAL INFORMATION		
Serving size:	30g	
	Average Quantity per Serving	Average Quantity per 100g
Energy	308kJ	962kJ
Protein	1.6g	5.1g
Fat, Total	2.6g	8.2g
Saturated	0.3g	1.1g
Carbohydrate	10.4g	32.5g
Sugars	1.5g	4.7g
Sodium	132mg	414mg
PACKAGING		
Description	New plastic bag in cardboard box.	
	-	



Update; 16/02/2021, MH

HEAT & EAT FINISHED PRODUCT SPECIFICATION

Product Code		
Product Name	EMPANADA, Mexican Potato & Pea- Heat & Eat	
LABELLING		
Preparation Instructions	Reheat defrosted empanada in warm oven, 180°C for approximately 10 minutes or air fryer 180°C for approximately 8 minutes or deep fry in hot oil 170°C until light golden brown and hot through. *reheating times may vary.	
Ingredient List	Pastry (Wheat Flour, Water Added, Vegetable Oil, Salt, Onion Powder, Garlic Powder), Potato, Onion, Peas, Crushed Tomato (Tomato, Corn Starch (1422), Sugar, Salt, Mineral Salt (509), Antioxidant (330), Stabiliser (415)), Vegetable Oil, Fresh Herbs, Chilli (Chilli, Canola Oil, Vinegar, Salt, Acidity Regulator (260)), Tomato Paste, Lemon Juice, Spices, Salt, Pepper.	
Allergen Statement	Contains: wheat	
Cross Contact Statement	This product is manufactured on equipment that also processes products containing gluten, sesame seeds, tree nuts, soy beans, fish and crustacea.	
Country Of Origin	Made in Australia from local and imported ingredients	
Contents	40x30g	
Date Code	DD/MM/YYYY	
Storage	Frozen -18°C	
Shelf Life	12 months date of manufacture	
NUTRITIONAL INFORMATION		
Serving size:	30g	
	Average Quantity per Serving	Average Quantity per 100g
Energy	283kJ	884kJ
Protein	1.6g	4.9g
Fat, Total	2.5g	7.9g
Saturated	0.3g	0.9g
Carbohydrate	9.3g	28.9g
Sugars	0.4g	1.1g
Sodium	106mg	333mg
PACKAGING		
Description	New plastic bag in cardboard box.	
	-	



Update; 16/02/2021, MH

HEAT & EAT FINISHED PRODUCT SPECIFICATION

Product Code		
Product Name	EMPANADA, Chorizo and Manchego- Heat & Eat	
LABELLING		
Preparation Instructions	Reheat defrosted empanada in warm oven, 180°C for approximately 10 minutes or air fryer 180°C for approximately 8 minutes or deep fry in hot oil 170°C until light golden brown and hot through. *reheating times may vary.	
Ingredient List	Pastry (Wheat Flour, Water, Vegetable Oil, Salt, Onion Powder, Garlic Powder), Minced Pork, Cheese Manchego (Sheep's Milk, Salt, Calcium Chloride, Lysozyme (Derived From Egg), Rennet, Cultures), Chorizo (Pork, Salt, Spices, Corn Syrup Solid, Antioxidant (316), Mineral Salt (451), Sodium Nitrate (250)), Onion, Fresh Herbs, Vegetable Oil, Garlic, Salt, Modified Tapioca Starch, Pepper.	
Allergen Statement	Contains: wheat, milk, egg products	
Cross Contact Statement	This product is manufactured on equipment that also processes products containing gluten, sesame seeds, tree nuts, soy beans, fish and crustacea.	
Country Of Origin	Made in Australia from local and imported ingredients	
Contents	40x30g	
Date Code	DD/MM/YYYY	
Storage	Frozen -18°C	
Shelf Life	12 months date of manufacture	
NUTRITIONAL INFORMATION		
Serving size:	30g	
	Average Quantity per Serving	Average Quantity per 100g
Energy	357kJ	1116kJ
Protein	4.0g	12.5g
Fat, Total	4.0g	12.5g
Saturated	1.2g	3.8g
Carbohydrate	8g	25.1g
Sugars	0.3g	1.0g
Sodium	162mg	507mg
PACKAGING		
Description	New plastic bag in cardboard box.	
	-	



Update; 16/02/2021, MH

HEAT & EAT FINISHED PRODUCT SPECIFICATION

Product Code		
Product Name	EMPANADA, Roasted Corn & Sweet Chili - Heat & Eat	
LABELLING		
Preparation Instructions	Reheat defrosted empanada in warm oven, 180°C for approximately 10 minutes or air fryer 180°C for approximately 8 minutes or deep fry in hot oil 170°C until light golden brown and hot through. *reheating times may vary.	
Ingredient List	Pastry (Wheat Flour, Water, Vegetable Oil, Salt, Onion Powder, Garlic Powder), Corn, Capsicum, Onion, Crushed Tomato (Tomato, Corn Starch (1422), Sugar, Salt, Mineral Salt (509), Antioxidant (330), Stabiliser (415)), Tomato Paste, Garlic, Spices, Fresh Herbs, Modified Tapioca Starch, Sugar, Salt.	
Allergen Statement	Contains: wheat	
Cross Contact Statement	This product is manufactured on equipment that also processes products containing gluten, sesame seeds, tree nuts, soy beans, fish and crustacea.	
Country Of Origin	Made in Australia from local and imported ingredients	
Contents	40x30g	
Date Code	DD/MM/YYYY	
Storage	Frozen -18°C	
Shelf Life	12 months date of manufacture	
NUTRITIONAL INFORMATION		
Serving size:	30g	
	Average Quantity per Serving	Average Quantity per 100g
Energy	261kJ	815kJ
Protein	1.5g	4.8g
Fat, Total	1.7g	5.2g
Saturated	0.2g	0.6g
Carbohydrate	9.8g	30.7g
Sugars	0.8g	2.6g
Sodium	146mg	457mg
PACKAGING		
Description	New plastic bag in cardboard box.	
	-	



Update; 16/02/2021, MH

HEAT & EAT FINISHED PRODUCT SPECIFICATION

Product Code		
Product Name	EMPANADA, Smoked Chicken - Heat & Eat	
LABELLING		
Preparation Instructions	Reheat defrosted empanada in warm oven, 180°C for approximately 10 minutes or air fryer 180°C for approximately 8 minutes or deep fry in hot oil 170°C until light golden brown and hot through. *reheating times may vary.	
Ingredient List	Pastry (Wheat Flour, Water, Vegetable Oil, Salt, Onion Powder, Garlic Powder), Capsicum, Onion, Crushed Tomato(Tomato, Corn Starch (1422), Sugar, Salt, Mineral Salt (509), Antioxidant (330), Stabiliser (415)), Smoked Chicken (Chicken, Salt, Mineral Salt (451, 452), Maltodextrin, Flavour Enhancer (621), Antioxidant (316), Hydrolysed Vegetable Protein, Sodium Nitrate, Water Added), Cheese (Pasteurised Milk, Salt, Starter Cultures, Enzymes, Anti-Caking Agent (460)), Chicken, Tomato Paste, Garlic, Vegetable Oil, Spices, Fresh Herbs, Modified Tapioca Starch, Parsley, Chilli (Chilli, Canola Oil, Vinegar, Salt, Acidity Regulator (260)).	
Allergen Statement	Contains: wheat, milk	
Cross Contact Statement	This product is manufactured on equipment that also processes products containing gluten, sesame seeds, tree nuts, soy beans, fish and crustacea.	
Country Of Origin	Made in Australia from local and imported ingredients	
Contents	40x30g	
Date Code	DD/MM/YYYY	
Storage	Frozen -18°C	
Shelf Life	12 months date of manufacture	
NUTRITIONAL INFORMATION		
Serving size:	30g	
	Average Quantity per Serving	Average Quantity per 100g
Energy	307kJ	960kJ
Protein	2.6g	8.1g
Fat, Total	3.1g	9.6g
Saturated	0.8g	2.4g
Carbohydrate	8.5g	26.7g
Sugars	0.5g	1.6g
Sodium	120mg	376mg
PACKAGING		
Description	New plastic bag in cardboard box.	
	-	



Update; 16/02/2021, MH

HEAT & EAT FINISHED PRODUCT SPECIFICATION

Product Code		
Product Name	DONUT SAVOURY, Jalapeno - Heat & Eat	
LABELLING		
Preparation Instructions	Reheat defrosted donuts in warm oven, 180°C for approx. 5 mins or refry gently in hot oil 170°C briefly until hot through. Do not overcook. *reheating times may vary.	
Ingredient List	Wheat Flour, Water Added, Vegetable Shortening (Vegetable Fats And Oils), Onion, Parmesan Cheese (Pasteurised Milk, Salt, Starter Cultures, Enzymes), Jalapeno (Jalapeno Peppers, Water, Vinegar, Salt, Calcium Chloride), Milk Powder, Coriander, Polenta, Spring Onion, White Vinegar, Fresh Herbs, Wheaten Cornflour, Sugar, Salt, Jalapeno Liquid (Water, Vinegar, Salt, Calcium Chloride), Baking Powder, Bi Carb Soda.	
Allergen Statement	Contains: wheat, milk	
Cross Contact Statement	This product is manufactured on equipment that also processes products containing gluten, sesame seeds, tree nuts, soy beans, fish and crustacea.	
Country Of Origin	Made in Australia from local and imported ingredients	
Contents	36 x 20g	
Date Code	DD/MM/YYYY	
Storage	Frozen -18°C	
Shelf Life	12 months date of manufacture	
NUTRITIONAL INFORMATION		
Serving size:	20g	
	Average Quantity per Serving	Average Quantity per 100g
Energy	249kJ	1134kJ
Protein	1.7g	7.8g
Fat, Total	2.6g	12.0g
Saturated	1.4g	6.5g
Carbohydrate	7.2g	32.7g
Sugars	1.0g	4.6g
Sodium	136mg	616mg
Description	New plastic bag in cardboard box.	
	-	



Update; 18/02/2021, MH

HEAT & EAT FINISHED PRODUCT SPECIFICATION

Product Code		
Product Name	DONUT SAVOURY, Lorraine - Heat & Eat	
LABELLING		
Preparation Instructions	Reheat defrosted donuts in warm oven, 180°C for approx. 5 mins or refry gently in hot oil 170°C briefly until hot through. Do not overcook. *reheating times may vary.	
Ingredient List	Wheat Flour, Vegetable Shortening(Vegetable Fats And Oils), Ham (Pork, Salt, Sugar, Mineral Salts (451, 452), Antioxidant (316), Flavour Enhancer (621), Hydrolysed Vegetable Protein, Preservative (250), Water Added), Spring Onion, Onion, Cheese (Pasteurised Milk, Salt, Starter Cultures, Enzymes, Anti-Caking Agent (460)), Milk Powder, Parmesan Cheese (Pasteurised Milk, Salt, Starter Cultures, Enzymes), White Vinegar, Fresh Herbs, Wheaten Cornflour, Sugar, Salt, Baking Powder, Bi Carb Soda, Pepper.	
Allergen Statement	Contains: wheat, milk	
Cross Contact Statement	This product is manufactured on equipment that also processes products containing gluten, sesame seeds, tree nuts, soy beans, fish and crustacea.	
Country Of Origin	Made in Australia from local and imported ingredients	
Contents	36 x 20g	
Date Code	DD/MM/YYYY	
Storage	Frozen -18°C	
Shelf Life	12 months date of manufacture	
NUTRITIONAL INFORMATION		
Serving size:	20g	
	Average Quantity per Serving	Average Quantity per 100g
Energy	437kJ	1984kJ
Protein	2.9g	13.4g
Fat, Total	6.7g	30.7g
Saturated	3.5g	16.1g
Carbohydrate	7.8g	35.6g
Sugars	1.2g	5.4g
Sodium	197mg	896mg
Description	New plastic bag in cardboard box.	
	-	



Update; 18/02/2021, MH

HEAT & EAT FINISHED PRODUCT SPECIFICATION

Product Code		
Product Name	DONUT SAVOURY, Margherita - Heat & Eat	
LABELLING		
Preparation Instructions	Reheat defrosted donuts in warm oven, 180°C for approx. 5 mins or refry gently in hot oil 170°C briefly until hot through. Do not overcook. *reheating times may vary.	
Ingredient List	Wheat Flour, Water Added, Vegetable Shortening (Vegetable Fats And Oils), Tomato Paste, Onion, Sun Dried Tomato, Milk Powder, Fresh Herbs, White Vinegar, Garlic, Wheaten Cornflour, Sugar, Salt, Baking Powder, Bi Carb Soda, Herbs.	
Allergen Statement	Contains: wheat, milk	
Cross Contact Statement	This product is manufactured on equipment that also processes products containing gluten, sesame seeds, tree nuts, soy beans, fish and crustacea.	
Country Of Origin	Made in Australia from local and imported ingredients	
Contents	36 x 20g	
Date Code	DD/MM/YYYY	
Storage	Frozen -18°C	
Shelf Life	12 months date of manufacture	
NUTRITIONAL INFORMATION		
Serving size:	20g	
	Average Quantity per Serving	Average Quantity per 100g
Energy	318kJ	1444kJ
Protein	1.5g	6.9g
Fat, Total	4.3g	19.7g
Saturated	2.2g	9.8g
Carbohydrate	7.4g	33.7g
Sugars	1.7g	7.7g
Sodium	204mg	925mg
Description	New plastic bag in cardboard box.	
	-	



Update; 18/02/2021, MH

